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Our New President by: Howard Winfield, MD

It is a pleasure to introduce our 84th President, Dr. Steven Siegel, who has been an active member of the North Central Section for over 27 years! Steve has been involved with the Section administration in a variety of capacities including Local Arrangements Committee member and chairman, AUA Video Committee member and state representative from MN, ND and SD. His regular participation at the annual meetings includes numerous erudite lectures and presentations.

Dr. Siegel’s clinical practice in the Twin Cities has focused on female urology and urodynamics. He is recognized as a national leader in these areas as well as neuromodulation of voiding dysfunction. As director of the Continence Care Center of Metropolitan Urologic Specialists, he has championed a very sought after fellowship program. Steve is an adjunct associate professor of urology at the University of Minnesota and an active contributor of many societies related to female urology and urodynamics. He is past president of the International Society of Pelvic Neuromodulation (ISPiN) and currently a board member of the Society of Urodynamics and Female Urology (SUFU).

Despite his busy clinical and academic practice, Steve and his lovely wife Carrie are avid tennis players. It might be more correct to qualify their skill level as “semi-professional” as they routinely win tennis awards at our NCS meetings. They are the proud parents of two children, Hannah (18) and David (23) who remain their pride and joy.

I have gotten to know Steve and Carrie over the past year and I know how excited and honored they are to be this year’s “President and First Lady.” With their sagely, graceful and gentle influence, you can expect an outstanding annual meeting both academically and socially next September 29 – October 2 in the Windy City of Chicago.

Secretary’s Report

Howard N. Winfield, MD

Amongst the remarkable beauty and tranquility of the Camelback Inn and Resort in Scottsdale, Arizona, the 83rd Annual Meeting of the North Central Section was a huge success both academically and socially. Despite the difficult financial times we have lived through over the past year, the attendance was remarkably high with close to 450 registered. This is an outstanding number at an “out of section” venue and attests to the highly attractive format that has become standard for our annual meeting.

The AUA Course of Choice, directed by Dr. Steven Schlossberg, discussed “Urology Practice Preservation: Governance, Recruitment and Physician Phase Out.” Throughout the meeting there was
an emphasis placed on healthcare management and policy changes. A highlight was the Presidential Debate led by NCS President Steve Nakada. On the panel were Drs. Anton Bueschen (AUA president), Lawrence Ross (AUA past president), Robert Flanigan (AUA secretary), Glenn Preminger (AUA secretary-elect) and Richard Memo (AUA treasurer). Numerous important issues were discussed and clarified for the audience by this esteemed panel.

The full gamut of urology was covered through numerous podium and poster presentations as informative panel sessions and point-counterpoint debates. Over 350 abstracts were submitted to the program committee and every effort was made to accept the very best. As has become tradition, the NCS Resident Bowl – Rounds #1 and #2 were highly competitive on Saturday morning leading to the determination of the “top resident” team.

The invited speakers were some of the “who’s who” in endourology and minimally invasive surgery. Drs. Margaret Pearle, Glenn Preminger, Dean Assimos and Ray Leveillee all gave superb lectures on important aspects of urolithiasis, endourology, ablative therapy and laparoscopic/robotic surgery. Dr. Ronald Rabinowitz gave an outstanding state-of-the-art lecture entitled “Is Anything I Taught Dr. Nakada During His Residency About Pediatric Urology Still Valid?” Clearly urology is a fast moving specialty, and much of what we learn in residency is only the foundation that we build on once we get out into practice.

The honoree this year was Dr. David Uehling who was President Nakada’s mentor and past chair of the Division of Urology at University of Wisconsin-Madison. Dr. Uehling has been a long standing and contributing supporter of the NCS. The honorary lecture was given by Dr. Margaret Pearle entitled “Evidence Based Decision Making for Urolithiasis.” This was followed by Dr. Nakada’s Presidential Address, “The Last 20 Years of the NCS.” What was clearly evident was the great people who have been involved with this section and who have made enormous contributions.

Besides enjoying the spectacular facilities of the Camelback Inn, the social program, under the guidance of local arrangements chairpersons Manoj and Mary Monga, was lively and lots of fun. The Welcome Reception was held in the exhibit hall with fine wine tasting and finger foods. The exhibitors truly appreciated the flow of traffic and this continues to be an important incentive for their financial support of our meeting. The Theme Night on Mummy Mountain included a western town atmosphere with cowboy games, steer roping and a shooting gallery. Fine barbeque dining and dancing were enjoyed by all. President Nakada and his lovely wife Deanna hosted an elegant annual banquet on the final evening. Dancing continued until the wee hours of the morning. Some unnamed members of the Board of Directors were also seen doing tequila shots.

The NCS Nominating Committee, chaired by Dr. Jay Hollander (past president), provided the names of Dr. Patrick Mckenna for secretary-elect, Dr. Sheila Gemar for historian and Dr. Steve Nakada as alternate NCS representative to AUA Board of Directors. These positions were unanimously approved by the membership at the annual business meeting. Dr. Gary Kirsh ascended to treasurer and Dr. Peter Knapp is now president-elect. We owe Peter a huge debt of gratitude for his skillful and outstanding services to our section during his five year term as treasurer. Dr. Steve Siegel ascended to president of the section.

Special thanks are extended to the following NCS Board of Directors state representatives whose three-year terms have been completed:

Dr. Teresa Beam (Indiana)
Dr. Bernard Fallon (Iowa)
Dr. Craig Niederberger (Illinois)

We welcome the new Board of Director state representatives who are Dr. Chandru Sundarum (Indiana), Dr. Craig Block (Iowa) and Dr. Brad Schwartz (Illinois).

Other important news relates to the following items:

1) Eligibility requirements for membership on the Young Urologist Committee is extended to 10 years out of residency or fellowship
2) Due to the great success of the AUA Leadership Program, the NCS may have 3 representatives, and candidates are eligible for 15 years from the completion of residency or fellowship
3) The NCS AUA Foundation Scholar is Ted Skolarus who will study “Prostate Cancer Expenditures: Variations and Implications”
4) Approval of continued support of IVU med Scholarship

It has been an honor for me to continue to serve the membership as secretary of the North Central Section, which I consider and know it to be “the best in the Nation.” It was a true pleasure to work with Steve Nakada this past year during his tenure as president. Of course, the success of the meeting would not at all be possible without the incredible organization and diligence of WJ Weiser & Associates.

I encourage you all to look at your calendars and plan to join us at the 84th Annual Meeting to be held at the Sheraton Chicago Hotel & Towers in Chicago on September 29 – October 2, 2010

From the Treasurer
Gary M. Kirsh, MD

It is an honor to assume the treasurer position for the North Central Section. The section owes a tremendous debt of gratitude to the many devoted and capable prior treasurers of the NCS, who have all collectively ensured that our section is on the finest financial footing. I would like to particularly recognize the efforts of Peter Knapp, MD. Dr. Knapp has just completed a five-year term as NCS treasurer, during which he successfully guided the Section’s finances during an almost unprecedented time of financial uncertainty in our country. We are all grateful for his efforts.

The 83rd NCS Annual Meeting was held on November 9 – 14, 2009, in Scottsdale, AZ. President Stephen Nakada, MD, Secretary...
Howard Winfield, MD, and Local Arrangements Chairperson, Manoj Monga, MD, organized an outstanding academic meeting with many state-of-the-art presentations, panel discussions, and resident paper presentations. By all measures the meeting was a success for participants, as the NCS Board continues to explore new avenues to provide additional value to NCS members and meeting attendees.

Dr. Knapp presented the Treasurer’s Report to the Finance Committee, Board of Directors, and membership at the Annual Business Meeting. Year-end 2008 audited financial statements and mid-year, (9/30/09), financial reports were presented. The 2008 Annual Meeting raised a record amount of $602,026 and was successful both financially and academically. In 2008, the Educational Fund decreased by $723,308 due to a net market loss on investments.

Preliminary 2009 year-end financial statements reflect a fund balance of $2,337,570 with an operating surplus of $195,918 for the year. Cash held in the Merrill Lynch operating account totaled $197,925 and the balance in the Education Fund totaled $2,124,454.

The Educational Fund performance was up 24.07% for the past year. Long-established NCS board guidelines of 40% – 60% equities, 20% – 40% fixed income, and 0% – 20% cash are being maintained. The Education Fund currently maintains a slight overweight in cash, which has been beneficial in the recent down market. Other expenses of the Education Fund are $10,000 for the AFUD Research Scholar Program, $87,000 for Resident Rebate expenses and $18,000 for Resident Scholarships. The annual meeting had a surplus of $35,618. This surplus combined with the investment income and dues help offset operating expenses for the year.

I anticipate an exciting and successful 2010 for the NCS under the leadership of our president, Dr. Steven Siegel. I look forward to seeing each of you at our annual meeting this fall in Chicago.

State Affairs Update
Matt Swentkofske
Manager, State Government Affairs

Lawmakers returned from their holiday break in early January for the start of legislative sessions that will focus on state budgets and economic development with an eye towards the 2010 fall elections. 2010 regular legislative will commence in early January in Indiana, Ohio, Iowa, Illinois, Michigan, South Dakota and Wisconsin. Minnesota’s legislature will begin in early February and North Dakota will not meet in 2010.

Enacting any health policy bill with fiscal implications in NCS section states will be quite difficult due to budgetary challenges states face. A Pew Research Center report from early this year lists numerous NCS states as facing a severe budgetary crisis. Illinois, Michigan and Wisconsin are among the top ten states facing the worst combination of foreclosure rates, jobless numbers, state revenue losses, budget gaps, and huge obstacles to future balanced budgets. So enacting sweeping state healthcare policy reforms are not among the top priorities. Nevertheless, health policy legislation will appear towards our future, the North Central is most healthy, even in such uncertain times for healthcare. I truly believe that the dedication of our leadership, the strength of our membership, and the great infrastructure provided by WJ Weiser & Associates will lead us down the right path in the years to come. Hope you had a great holiday season and see you all in Chicago!

Report from the Immediate Past President
Stephen Y. Nakada, MD

What a wonderful week we had in Scottsdale! Deanna, Sarah and I had an exhilarating time from start to finish. The weather was spectacular, and Dr. Howard Winfield crafted a superb academic program that was appreciated by all. I want to personally thank our invited lecturers, Steven Schlossberg, Dean Assimos, Ron Rabinowitz, Glenn Preminger Margaret Pearle, and Ray Leveillee. They were all terrific! Moreover, the President’s Debate was so enthralling that Bob Flanigan is planning to publish the discussion in the AUA News.

The social events were special. From welcoming ceremonies in the exhibit area, to a great evening at Mummy Mountain, to the Friday night banquet and evening that carried on longer than any we can remember, our social programs were well attended and most convivial. Many thanks go to our wonderful local arrangements couple, Manoj and Mary Monga. And last but not least, WJ Weiser & Associates again delivered a meeting beyond our expectations, and all under budget!

My heartiest congratulations to Pat McKenna, our secretary-elect, and Sheila Gemar, our new historian. I would also like to thank Peter Knapp, who finished his term as treasurer at the meeting in Scottsdale. We are so blessed to have such wonderful people willing to serve our great section! Deanna and I are most pleased to hand the reigns to Steven and Carrie Siegel, who will be spectacular in the role of the presidency this year. We are most excited to return to Chicago in September 2010.

All in all, 14 past presidents attended the meeting, as well as current and past AUA presidents, AUA officers, and of course many of the members and residents of our great section. I cannot thank you all enough for making the 83rd NCS meeting most memorable. As I look towards our future, the North Central is most healthy, even in such uncertain times for healthcare. I truly believe that the dedication of our leadership, the strength of our membership, and the great infrastructure provided by WJ Weiser & Associates will lead us down the right path in the years to come. Hope you had a great holiday season and see you all in Chicago!
Illinois
Senate Bill 1617 will make changes to the state laws regarding who can perform advanced diagnostic imaging and who is served by ambulatory surgery centers (ASCs). This bill will mandate that in order for imaging centers and ASCs to obtain or renew their state license then it must meet charity care requirements (that hospitals already meet) and that the institution cannot refuse patients based on Medicaid eligibility. Enacting these laws will change how urologists both serve and treat existing and new patients.

Indiana
House Bill 1526 requires the state health commissioner to designate a hospital as a specialty hospital or a non-specialty hospital upon issuance or renewal of the hospital’s license. It also requires ambulatory surgical centers to report specified information to the Indiana State Department of Health (ISDH). It also prohibits a physician with ownership interest in a specialty hospital or ambulatory surgical center from making certain patient referrals to that hospital or center. Making this change will affect how urologists refer patients to other facilities.

Michigan
Although thoroughly defeated during the state budget process earlier this year, Senate Bill 854 and House Bill 5386 are still in their respective committees and if passed would impose a three percent tax on the gross income of physicians. A tax of this magnitude would unfairly target providers and cause a mass exodus of doctor’s from Michigan.

Minnesota
Minnesota House Bill 1027 will allow patients to enter into private contract with providers to cover the total cost of care. It will repeal the current prohibition on balance billing for Medicare patients. Repealing this ban, would allow providers to be paid equal to what it costs to treat patients.

North Dakota
The North Dakota legislature will not convene in 2010.

South Dakota
At time of publication, no single piece of legislation directly affecting urology had been introduced in South Dakota.

Ohio
House Bill 134 will mandate that companies providing insurance for basic healthcare services in Ohio shall offer to provide, as a supplemental healthcare service benefits to its subscribers, for the expenses of examinations and laboratory tests for prostate cancer screening. Legislation focuses on providing coverage for PSA screening will allow more men to be examined by their urologists.

Ohio House Bill 205 will require hospitals and ambulatory surgical facilities to assign a circulating nurse to each procedure performed in an operating room or invasive procedure room and to require surgical technologists to work under the direct supervision of circulating nurses. This change will increase the cost of services to an ASC patient without a corresponding increase in patient safety.

Wisconsin
Wisconsin Senate Bill 218 requires a healthcare provider to disclose to a consumer the provider’s median billed charge for a healthcare service, diagnostic test, or procedure, upon request from the patient. It also requires a healthcare provider to disclose specified charge information for the 25 presenting conditions for which the provider most frequently provides services, as identified by the state. It further stipulates that providers display a sign that informs patients of their right to receive charge information from the healthcare providers and from their insurers.

NCS Awards 2009 – Scottsdale, Arizona

Traveling Fellowship Award
Michael Large, MD

Thirlby Award
Peter Knapp, MD, Ronald Suh, MD

Bizarre & Interesting Case Award
Anthony Polcari, MD

John D. Silbar Award
Brian Lane Gallagher, MD (Iowa Clinics)

Exhibitor Drawing
3rd $50.00 Jay Blind, Astellas Pharma US
2nd $75.00 Marco Wohnig, Richard Wolf
1st $100.00 Katie Hire, sanofi-aventis

Physician Drawing
$500.00 Irving S. Garlovsky, MD
$400.00 Peter A. Holoch, MD
$300.00 Edward Mannix, PhD
$200.00 Srinivas Vourghanti, MD
$100.00 Howard J. Korman, MD

Quiz Bowl Winners
1st Place Team:
Christina B. Ching, MD (Cleveland Clinic)
Paul R. Tonkin, MD (Medical College of Wisconsin)
Peter A. Holoch, MD (University of Iowa)
Don T. Bui, MD (William Beaumont Hospital)

2nd Place Team:
Youssef S. Tanagho, MD, MPH (Case Western Reserve)
Matthew J. Mellon, MD (Indiana University)
Scott D. Shie, MD (NEOUCOM)
Sundeep Deorah, MD (University of Cincinnati)

Tennis Winners
Steven Siegel (Men’s)
Carrie Siegel (Women’s)
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Watson Pharma, Inc.

**Diamond**
Abbott Laboratories
Astellas Pharma US, Inc.
Gen-Probe
GTx, Inc.

**Topaz**
Ferring Pharmaceuticals

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- American Urological Association
- Ameripath
- Amgen, Inc.
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- CBL Path
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- Ethicon Women’s Health & Urology
- Ferring Pharmaceuticals
- Galil Medical
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- Know Error
- Lisa Laser USA
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- OUR Lab
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- PercuVision LLC
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Thank You to the Following Companies Who Have Provided Educational Grant Support

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**Necrology Report 2009**

*In Loving Memory of:*

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Registration materials for the NCS 2010 Annual Meeting will be mailed and available online at www.ncsaua.org in summer 2010! We look forward to seeing you in Chicago, Illinois!
Important Safety Information

VESlcare tablets are indicated for the treatment of overactive bladder with symptoms of urge urinary incontinence, urgency, and urinary frequency. The recommended dose of VESlcare is 5 mg once daily. If the 5-mg dose is well tolerated, the dose may be increased to 10 mg once daily.

As with other anticholinergic agents, VESlcare is contraindicated in patients with urinary retention, gastric retention, uncontrolled narrow-angle glaucoma, and in patients with hypersensitivity to the product.

As with other anticholinergic agents, VESlcare should be administered with caution to patients with bladder outflow obstruction, decreased gastrointestinal motility, controlled narrow-angle glaucoma, or reduced renal or hepatic function. Doses of VESlcare higher than 5 mg are not recommended in patients with severe renal impairment, moderate hepatic impairment, or when administered with ketoconazole or other CYP3A4 inhibitors. Use of VESlcare in patients with severe hepatic impairment is not recommended.

In placebo-controlled studies, the most common adverse events reported by patients were dry mouth (10.9%, 27.6%, 4.2%), constipation (5.4%, 13.4%, 2.9%), blurred vision (3.8%, 4.8%, 1.8%), and dyspepsia (1.4%, 3.9%, 1.0%), with VESlcare 5 mg, 10 mg, and placebo, respectively.

The overall rate of serious adverse events was 2%. For the 10-mg dose, three intestinal serious adverse events were reported (one fecal impaction, one colonic obstruction, and one intestinal obstruction). For the 5-mg dose, one case of angioneurotic edema was reported.

Please see brief summary of Prescribing Information on the following page.

For more information, visit www.VESlcare.com.
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