Our New President

By: Jeffrey A. Triest, MD

I am honored to introduce James C. Ulchaker, MD, FACS, as our incoming president of the NCS. Dr. Ulchaker is a lifelong resident of Cleveland, in the great state of Ohio. He attended Baldwin Wallace College where he received his undergraduate degree in 1987. His medical school studies were completed at Case Western Reserve University. In 1991 Dr. Ulchaker began his residency training at The Cleveland Clinic Foundation. After graduating residency, he remained on staff at the Clinic and currently serves as the co-director of the Prostate Center of the Glickman Urological and Kidney Institute at the Cleveland Clinic Foundation in Cleveland, Ohio. Dr. Ulchaker has been an advocate for men’s health issues since the beginning of his career. His extensive publications and lectures on topics involving prostate health, BPH, and prostate cancer reflect his dedication to this mission.

Dr. Ulchaker has a long history of involvement in organized urology, urologic health policy, and health care advocacy on the regional and national level. He has served as vice-chair of UROPAC, urology’s only political action committee, sponsored by the American Association of Clinical Urologists, Inc. (AACU). Dr. Ulchaker has also held the office of president of the Cleveland Urological Society and the Ohio Urological Society. He has been a past chair of the American Urological Association (AUA) Young Urologist Committee and has served in various capacities on the NCS Board of Directors since 2011. In addition to his service to the NCS, Dr. Ulchaker has been heavily involved in important leadership roles in the AUA. He has served on the AUA Public Policy Council and as chair of the AUA Legislative Affairs Committee.

Dr. Ulchaker and his wife Elise live in Cleveland where they are dedicated parents to their two children Eric and Marissa.

Please join me and the entire NCS Board of Directors as we welcome Dr. James Ulchaker as president of the North Central Section. Our organization will benefit greatly from having a person with his record of accomplishments, dedication to the practice of urology, and record of legislative experience assume the rank of the high office of the president of the section.
The 90th Annual Meeting of the North Central Section took place from September 7 - 10, 2016, at the iconic Fairmont Chicago, Millennium Park. This spectacular event was graciously hosted by NCS president, Dr. Gary Kirsh and his lovely wife Nora. Meeting attendees were treated to carefully crafted scientific and social activities all within the backdrop of one of North America’s premier cosmopolitan cities.

There were over 361 abstracts submitted to this year’s meeting and 260 accepted. The program committee thanks all who submitted abstracts. The presenters should be congratulated on the quality of the science and the concise and cogent manner in which their work was presented. The program committee also wishes to thank all of the members and faculty that volunteered their time and expertise to serve as panelists, moderators and discussants for this year’s meeting. The success of our meeting and the quality of our scientific sessions is a direct reflection of your devotion to the scholarly process.

The meeting began with a robust Health Policy Session coordinated by Dr. Matthew Gettman, our NCS Health Policy Chair. Dr. Gettman assembled an outstanding group of speakers who addressed topics such as contemporary reimbursement models, legislative priorities for 2016, social media implications in risk management and malpractice claims, opportunities to maximize revenues through traditional and non-traditional streams in private practice, and a scholarly perspective on health policy and advocacy which was presented by Dr. Norm Smith. Congratulations to Dr. Gettman for organizing another tremendous session.

At this year’s meeting, Dr. Ajay Singla returned to organize an outstanding concurrent session focusing on primary care updates in urology. Dr. Singla moderated over the session which featured a variety of expert speakers assembled from within the section. Speakers delivered updates on topics involving the evaluation of hematuria, detection of early prostate cancer, voiding dysfunction, hypogonadism, nephrolithiasis, and hyperplasia of the prostate.

Other meeting highlights included topical video sessions, a very popular live surgical demonstration from the University of Chicago, and the high-quality poster and podium sessions which have become the hallmark of the NCS Annual Meeting. The meeting also featured guest speakers who were assembled to round out the educational offerings to our membership and attendees. Dr. Tomas Griebling delivered the AUA course of choice, presenting on basic principles in the urologic care of the geriatric patient. Dr. Neal Shore gave a lecture on the role of the urologist in contemporary immunotherapy, and a second lecture on management of advanced prostate cancer. Invited guest speaker, Dr. Deepak Kapoor enlightened our group as to the state of the practice of urology and how to be successful under MACRA. We were fortunate to have the AUA President-Elect, Dr. J. Brantley Thrasher, deliver this year’s AUA update. I would also like to acknowledge, with great appreciation, our inspection invited lecturers, Drs. Cheryl Lee, Amy Krambeck, Kevin McVary, and Edward Cherullo who each gave excellent talks on salient topics including management of non-muscle bladder cancer, percutaneous renal surgery, management of BPH and reconstructive urology. In addition to these lectures, this year’s meeting also featured two new breakfast breakout sessions. One such session focused on women in urology. The second new breakout was a session devoted to urology residency training program directors and included a presentation from Dr. Laura Edgar, director of the ACGME milestones project. Our incoming president, Dr. James Ulchaker, presided over a roundtable discussing the future of urology, which included such topics as assessing the urology work force, women in urology and the business of urology. NCS President, Dr. Gary Kirsh, fascinated the group with his presidential lecture entitled “Horology and Urology: What We Can Learn From Watchmakers, and What They Can Learn From Us,” which drew parallels between the fine watch making industry and the craft of urology.

I also wish to extend the Section’s thanks to local arrangements chairperson, Dr. Aaron Milbank and his wife Amelia, for organizing an amazing social events calendar. As has been custom, the first day’s social activity began with the Welcome Reception hosted in the Imperial Ballroom of the Fairmont hotel featuring great food and delicious wines. During the week, there was ample opportunity for members to partake of the offerings of the city of Chicago whether it was shopping downtown, eating at one of the fabulous culinary offerings in the area, or enjoying the entertainment in a Chicagoland club. An event which continues to grow in popularity, The Young Urologist’s Mixer, once again proved to be a highlight at this year’s meeting. The week’s social activity culminated in the Annual Banquet, which featured excellent food offerings and a band which was handpicked by NCS President, Dr. Gary Kirsh.

The Annual Resident Bowl, hosted by Dr. Bradley Schwartz, was once again incredibly competitive, and the winning team of Drs. Katherine Cotter, Joseph Ford, Daniel Murtagh, and Joseph Rodriguez will represent the NCS at the AUA Resident Bowl in Boston this spring of 2017.

Congratulations to the following awardees: Dr. Matthias Hofer for the Traveling Fellowship Award, Dr. Laura Bertrand for the John B. Silbar Award, and Dr. Chirag Dave for the Thirlby Award. The full list of individual award winners for their presentations from the meeting can be found on the NCS website and on page nine of this newsletter.
The Annual Business Meeting approved the appointment of Dr. Gary Faerber as president-elect of the NCS, Dr. Jeffrey Triest as secretary, Dr. Bodo Knudsen as the Ohio representative, Dr. Anthony Polcari as the Young Urologists Committee chair, and Dr. Kyle Richards as the Young Urologists Committee vice-chair. I wish to thank the members of the Nominating Committee for their tireless effort. I would like to personally extend my gratitude to Dr. Tobias Kohler for his work as the Young Urologists Committee chair and Dr. Lawrence Litscher for his hard work and dedication to the Section as Ohio State representative. The members approved an important bylaws change to update the criteria for senior membership in the NCS to be in-line with that of the AUA's.

Thanks to WJ Weiser & Associates, Inc. for doing such an outstanding job of assisting me and the Program Committee with the organization of the scientific meeting. Special thanks to Samantha Panicola, Venessa Budzynski and others who have worked tirelessly both in front of and behind the scenes, and a special thanks to JP Baunach for his tireless efforts in procuring sponsor support for this meeting. I want to extend gratitude to all of our promotional partners without which we could not have had such a successful meeting. I wish to give special thanks to our Platinum Partners: AbbVie, Janssen Biotech, Inc., Medivation/Astellas, OPKO Health, Potomac Center for Medical Education, and our Silver Partners: Astellas Pharma US, Inc, and Dendreon Corporation.

Remember the NCS can help manage your NCS CME. Visit the NCS website at ncsaua.org/home.aspx. Here you will find information on important dates, announcements, and other features including our Case of the Month.

Finally, I would like to invite you to join me and our incoming president, Dr. James Ulchaker to our 91st Annual Meeting which will be held November 13 - 17, 2017 at The Westin Kierland Resort and Spa in Scottsdale, Arizona. This should be an excellent meeting at a wonderful venue in the scenic southwest.

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From the Treasurer

Mark D. Stovsky, MD, MBA, FACS

The NCS fund balance, as of September 30, 2016, totals $2,306,184. The period to date operating loss is $27,465. The NCS Education Fund currently shows an investment account balance of $2,223,830. As of September 20, 2016, the investment account showed a total investment income of $123,816. Importantly, the NCS board made a strategic decision ratified at the recent annual meeting to move the Education Fund to the pooled investment account managed by Vanguard. The NCS board, led by President Dr. Gary Kirsh, did a terrific job putting together a successful and enjoyable annual meeting in Chicago this year. I am sure everyone benefitted from their hard work and dedication in providing the most up-to-date scientific information and outstanding social opportunities to our members.

I am looking forward to another successful Annual Meeting in 2017, under the leadership of Dr. Jim Ulchaker at the Westin Kierland Resort in Arizona.

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CALL FOR ABSTRACT AND VIDEO SUBMISSIONS FOR THE 91ST ANNUAL MEETING

All abstracts and videos must be submitted online by Tuesday, February 14, 2017, at noon CST.

For in-depth information and instructions about how to submit your abstract or video for the NCS 91st Annual Meeting in Arizona, please visit abstracts.ncsaua.org.
Health policy remains an important area of interest for the NCS Board of Directors and NCS Health Policy Committee. During the annual meeting this year in Chicago, a dedicated program for health policy and practice management was held. Excellent lectures were given on the Affordable Care Act, new reimbursement models, the role of urology in advocacy, current legislative priorities for advocacy, and an overview of the AUA Gallagher Scholar program. In the health policy session, lectures were given by members of the NCS including Christopher Gonzalez, MD, MBA, FACS; James Ulchaker, MD, FACS; Patrick McKenna, MD, FAAP, FACS; and Norm Smith, MD.

In the session devoted to practice management and clinic operations, the membership was given an overview on the AUA AQUA registry and how inclusion in this type of registry will allow practices to meet value-based reimbursement mandates. Talks were also given on approaches to drive revenue from traditional and non-traditional care delivery in private practice as well as an overview of telemedicine from the Veterans Administration and academic practice. Speakers for this session included J. Quentin Clemens, MD; Peter Knapp, Jr., MD, FACS; and Ted Skolarus, MD, MPH. A keynote lecture was also given in this session by Thomas L. O’Carroll, JD on the topic of social media and implications in risk management and malpractice claims. At the end of the didactic program, the NCS/AACU Health Policy Young Investigator Award was presented to Duncan Morhardt, MD, from the University of Michigan.

Many speakers in the session stressed the importance of NCS members taking a proactive stance with political advocacy as it pertains to health policy and practice management. Accordingly, the NCS Health Policy Committee urges all members to have their voices by participating in the 2017 Urology Joint Advocacy Conference scheduled for March 5 - 7, 2017, in Washington, D.C. and also by contributing to UROPAC. Lastly, the committee strongly encourages members to join the American Association of Clinical Urologists, given the association’s role in advocacy.
The 90th North Central Section meeting in Chicago was a great success thanks to the superb organization of our then secretary, Dr. Gary Faerber. The meeting was a very special event for my family and I, and we have memories that will last a lifetime. I am truly grateful to the members of NCS to have had the honor and privilege of serving as the president of this very important section. The new friends we have made and the old friends we have spent memorable times with have been a truly special experience.

The NCS program was very informative and valuable to members. I’d like to recognize our visiting professors, Dr. Deepak Kapoor (Integrated Medical Professionals), Dr. Neal Shore (Carolina Urologic Research Center), and Dr. Tomas Griebling (Kansas University Medical Center) for sharing their knowledge. I’d also like to thank the NCS faculty whose support contributes to the success of our meetings. In addition, I would like to thank Drs. Aaron and Amelia Milbank for organizing our social events, which created an opportunity for attendees to relax and network in an engaging environment. These events included a welcome reception with wine tasting, young urologists mixer, and our annual banquet. The variety of culinary delights and the entertainment at the banquet, made for an open atmosphere that encouraged people to mingle and make new connections. I would also like to show my appreciation for Samantha Panicola for an outstanding job in helping us organize the meeting, and Wendy Weiser and the entire WJ Weiser and Associates group for delivering a meeting that not only met but exceeded expectations.

I know the section will be in good hands with our new president, Dr. James C. Ulchaker, and our new secretary, Dr. Jeffrey A. Triest. The friendships and connections I have made within this organization have made my time with the society truly memorable.

I will continue to remain involved with the section and its members and hope to keep making new connections at future meetings.

IN MEMORIAM

These members supported the Section during their lifetimes and each made his or her contribution to our profession. Although separated from us by death they are fondly remembered by all of us.

Theodore V. Beutler, MD
Fort Wayne, IN

Alex Colalillo, MD
Logansport, IN

Engin Deniz, MD
Williamsburg, VA

Priyakant K. Desai, MD
Dayton, OH

James G. Giblin, MD
Winfield, IL

Christopher A. Graf, MD
Sheboygan, WI

Daniel B. Gute, MD
Wellesley, MA

Ali A. Hakim, PhD, MD
Minnetonka, MN

Kenneth L. Urwiller, MD
Northville, MI

James E. Williams, MD
Columbus, OH

Theodros Yohannes, MD
Xenia, OH
Physician Candidates Fare Poorly

At least two dozen other physicians came up short in 2016 general election campaigns, most of whom challenged incumbents. Of note, urologist Anil Kumar, MD (D), was outpolled by Rep. David Trott (R-MI-11) in a race to represent a district outside of Detroit. Two other Michigan physicians fell to incumbents November 8. Libertarian Erwin Haas, MD, lost to Rep. Bill Huizenga (R-MI-2) and emergency room physician Howard Klausner, MD, was defeated by Rep. Brenda Lawrence (D-MI-14). In Nevada, another emergency room doctor who currently serves in the U.S. House, Rep. Joe Heck, DO (R-NV-3), lost to Democrat Catherin Cortez Masto to assume the seat left vacant by retiring Senator Harry Reid (D).

Two other incumbent physicians in the House of Representatives fell in a “jungle primary” for the Louisiana Senate seat vacated by Senator David Vitter (R). Rep. Charles Boustany, MD (R-LA-3), narrowly lost the chance to compete in a December 3, 2016 runoff for that seat, while Rep. John Fleming, MD (R-LA-4) was bested by at least six other candidates.

These three losses are particularly impactful, since, along with the retirements of Rep. Dan Benishek, MD (R-MI-1), and Rep. Jim McDermott, MD (D-WA-7), they diminish the number of physicians serving in Congress to the lowest point in nearly 10 years. (Also see: 2016 General Election Results: MD and DO Races for U.S. House or Senate, www.bit.ly/md-do-2016)

UROPAC-Supported Candidates Overwhelmingly Successful

In 43 of 45 general election races, candidates supported by UROPAC – Urology’s Advocate on Capitol Hill were elected with an average margin of victory of 34% in the House of Representatives and 20% in the Senate.

Physicians on UROPAC’s slate included thoracic surgeon Rep. Larry Buchunks, MD (R-IN-8); anesthesiologist Rep. Andy Harris, MD (R-MD-1) and two OB/GYNs, Representatives Michael Burgess, MD (R-TX-26) and Phil Roe, MD (R-TN-1). High-ranking members of important committees were also recipients of UROPAC’s strategic giving. Santa Fe urologist Vince Friorca, MD, delivered a PAC contribution to Democratic Congressional Campaign Committee Chair Ben Ray Luján (D-NM-3) at a local event, and a lobbyist associated with organized urology generously carried a donation to D.C. representatives of Senate Finance Chair Ron Wyden (D-OR). (Also see: UROPAC 2016 Election Statistics and Map, www.bit.ly/2gaNPjW)

Dr. Dunn’s recent victory deserves to be celebrated, but a few statistics show there is much work to be done. Physicians will account for approximately 3% of the 535 members of the U.S. House and Senate. By comparison, physicians made up 11% and 5% of the signers of the Declaration of Independence and U.S. Constitution, respectively. Meanwhile, in the soon-tooadjourn 114th Congress, 38% of all members are lawyers, the third most reported occupation, behind “public servant” and “business”. Urologists are encouraged to consider the myriad ways their voices can be united in support of vital programs and priorities, including political fundraising and grassroots engagement. Dr. Dunn offered an inside perspective, asserting, “Early money is often the best money. UROPAC contributed to my campaign early in the cycle and helped enable early momentum for my campaign. It is vital that urology maintain its influence within Congress, and UROPAC is a critically important element to maintaining that voice.”
### Noteworthy 2016 Election Results

#### U.S. House Re-elected

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<tr>
<th>District</th>
<th>Candidate Name</th>
<th>Party</th>
<th>Percentage</th>
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<tbody>
<tr>
<td>Indiana 8th</td>
<td>Rep. Larry Bucshon, MD (R)</td>
<td>(R)</td>
<td>(84%)</td>
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<td></td>
<td>Thoracic Surgeon</td>
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<tr>
<td>Ohio 2nd District</td>
<td>Rep. Brad Wenstrup, DPM (R)</td>
<td>(R)</td>
<td>(63%)</td>
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<td></td>
<td>Podiatric Surgeon</td>
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#### U.S. House Defeated

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<th>District</th>
<th>Candidate Name</th>
<th>Party</th>
<th>Percentage</th>
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<tr>
<td>Illinois 7th</td>
<td>Jeffrey Leef, MD (R) (16%)</td>
<td>(R)</td>
<td>(16%)</td>
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<td></td>
<td>Radiologist</td>
<td></td>
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<tr>
<td>Michigan 2nd</td>
<td>Erwin Haas, MD (L) (2%)</td>
<td>(L)</td>
<td>(2%)</td>
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<tr>
<td></td>
<td>Infectious Disease Specialist</td>
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<tr>
<td>Michigan 11th</td>
<td>Anil Kumar, MD (D) (40%)</td>
<td>(D)</td>
<td>(40%)</td>
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<td></td>
<td>Urologist</td>
<td></td>
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<tr>
<td>Michigan 14th</td>
<td>H. Klausner, MD (R) (19%)</td>
<td>(R)</td>
<td>(19%)</td>
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<tr>
<td></td>
<td>Emergency Physician</td>
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<td></td>
<td>Rep. Danny Davis (D) (84%)</td>
<td>(D)</td>
<td>(84%)</td>
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<tr>
<td></td>
<td>Rep. Bill Huizenga (R) (63%)</td>
<td>(R)</td>
<td>(63%)</td>
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<tr>
<td></td>
<td>Rep. David Trott (R) (53%)</td>
<td>(R)</td>
<td>(53%)</td>
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<tr>
<td></td>
<td>Rep. B. Lawrence (D) (79%)</td>
<td>(D)</td>
<td>(79%)</td>
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#### U.S. House Retired

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<tr>
<th>District</th>
<th>Candidate Name</th>
<th>Party</th>
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<tbody>
<tr>
<td>Michigan 1st</td>
<td>Rep. Dan Benishek, MD (R)</td>
<td>(R)</td>
</tr>
<tr>
<td></td>
<td>General Surgeon</td>
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#### State Legislatures

2016 election results caused two legislative chambers to switch from Democratic to Republican control: Iowa Senate, Minnesota Senate.

With this change, Illinois is the only state where Democrats control either chamber. Illinois Democrats enjoy supermajorities in the House and Senate.
NCS Industry Opportunities

Industry partnerships are a vital part of our success. The NCS is currently seeking industry partners who share our commitment to growth and excellence in the field of urology.

The partnership packages we offer include additional marketing opportunities and enhanced exposure throughout the meeting. Through this program, we hope to work in tandem with our industry colleagues to identify ways to enhance our current member programs and implement new projects that will lead to improved patient care through better physician education and mentoring. Please invite your industry contacts to become NCS industry partners. Partnership packages are promotional opportunities and, unlike educational grants, are appropriate to discuss with your sales representatives. Please ask them to contact JP Baunach at jp@wjweiser.com for more information.

If you have vendors you do regular business with, please ask them to become more involved with NCS.

Thank you for your help!
**Poster Winners**

**Laparoscopy/Robotics Poster Session**

*Clinical Winner - Luchen Wang, BS - Wayne State University - “Predictors of urinary Symptoms and Pad Use After Robot-Assisted Radical Prostatectomy (RARP)*

**Endourology/Stone Disease Poster Session**

*Clinical Winner - Michael Borofsky, MD - Indiana University - “Global Costs of Modern Flexible Ureteroscopy at a High Volume Teaching Hospital”*

*Basic Science Winner - John R. Bell, MD - UW Madison - “Preliminary In Vitro Comparison of Fixed and Variable Pulse Laser: Evidence for Decreased Retropulsion and Shortened Fragmentation Time”*

**Prostate Malignant I Poster Session**

*Clinical Winner - Kevin Ginsburg, MD - WSU Urology - “Feasibility and Results of Cryoablation of Oligometastatic Prostate Carcinoma Lesions”*

*Basic Science Winner - Naveen Kachroo, MD - Vattikuti Urology Institute - “Testing the Applicability of Epstein’s Active Surveillance Criteria in a Large Robotic Prostatectomy Cohort”*

**Pediatrics Poster Session**

*Clinical Winner - Andrew Todd, MD - Ohio State University Wexner Medical Center - “Robot-Assisted Laparoscopic Extravesical Ureteral Reimplant: A Critical Look at Surgical Outcomes”*

**Adrenal/Kidney Poster Session**

*Clinical Winner - Eric Kirshenbaum, MD - Loyola University - “Cystoscopy at the Time of Hysterectomy Improves Detection of Ureteral Injury: A Population Based Analysis”*

*Basic Science Winner - Thomas Tieu, MD - Southern Illinois University - “Two Dimension Simulation of Urine Flow in a Ureter Under Peristaltic Contractions With and Without Obstruction”*

**Male and Couple Infertility Poster Session**

*Clinical Winner - Matthew Ziegelmann, MD - Mayo Clinic Rochester - “Description of a Modified Glanulopexy Technique for Managing SST Deformity in Men with Penile Prostheses”*

*Basic Science Winner - Paholo Barboglio Romo, MD, MPH - University of Michigan - “Comparative Evaluation of Physical Characteristics of Different Inflatable Penile Prostheses”*

**Video Session Winner**

David Yang, MD - Mayo Clinic - “MRI Guided Salvage Cryoablation of Recurrent Prostate Cancer”

**Best Bizarre and Interesting Case**

Samer W. Kirmiz - Michigan State University - “My Bladder is Hanging out of my Anus: Successful Management of First Reported Case of Male Transanal Bladder Prolapse”

Aron Liaw, MD - Ohio State University - “Of Goats and Men - Delayed Presentation of Traumatic Penile Amputation Repaired with Skin Graft”

**Resident Bowl – Winning Team**

1st Place Team:

Katherine Cotter, MD - University of Minnesota
Joseph Ford, MD - Detroit Medical Center
Daniel Murtagh, MD - University of Toledo
Joseph Rodriguez, MD - University of Chicago

**John D. Silbar Award**

Laura Bertrand, MD - University of Iowa

**Thirlby Award**

Chirag Dave, MD - William Beaumont Health System - “Office Based Ultrasound Guided Renal Core Biopsy is safe and Efficacious in the Management of Small Renal Masses”

**Traveling Fellowship Award**

Matthias Hofer, MD - Northwestern University

**NCS Health Policy Young Investigator Award**

Duncan Morhardt, MD - University of Michigan
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Wendy J. Weiser

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Samantha N. Panicola

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Gary M. Kirsh, MD (Immediate Past President)
Chandru P. Sundaram, MD (NCS Representative to AUA Board of Directors)
Anthony J. Polcari, MD (Young Urologist Committee Chair)
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Kyle A. Richards, MD; Madison,

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91st Annual Meeting of the North Central Section
November 13 – 17, 2017
The Westin Kierland Resort and Spa
Scottsdale, Arizona

Registration Materials for the 91st Annual Meeting of the NCS will be mailed and available online at www.ncsaua.org in summer 2017.
We look forward to seeing you in Scottsdale!