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Our New President

by Howard Winfield, MD



*Stephen Y. Nakada, MD
President*

Dr. Stephen Y. Nakada is our 83rd president and is very well known for his active participation in many leadership positions within the section. Under his tenure as secretary, he brought forward many innovative ideas and changes that will hold us in good stead over the coming years.

Stephen grew up in New York City, and attended Stuyvesant High School in Manhattan. He then went on to receive his undergraduate degree from Dartmouth College in 1984 and medical degree from the University of Rochester School of Medicine and Dentistry in 1988. He completed residency training at Strong Memorial Hospital in Rochester, New York in 1994 and endourology fellowship at Barnes Hospital in St. Louis, Missouri in 1995. Dr. Nakada joined the faculty at the University of Wisconsin as an assistant professor in 1995 and in 2001 was named the chairman of the Division of Urology and the first David T. Uehling Professor of Urology at the University of Wisconsin. In 2008, under his leadership, urology

achieved department status and he was named the inaugural chair of the department.

Research has been an important focus of Stephen's urologic career. He has focused on ureteral physiology, stone disease and minimally invasive urology. Dr. Nakada has published over 150 peer-reviewed articles, edited 3 textbooks, and authored over 50 book chapters. Dr. Nakada is an associate editor for *Urology*, and he serves on the editorial boards of the *Journal of Endourology* and *Urology Times*. Dr. Nakada has served on the Staghorn Stone and Ureteral Stone Guidelines Panels of the AUA, and he also serves on the AUA/ABU Examination Committee and as a delegate in the Endourology Society. In 2003, Dr. Nakada received the Dornier Award for innovative research, and in 2004 he received the AUA Gold Cystoscope Award.

Dr. Nakada's clinical interests include urolithiasis, urologic laparoscopy and clinical outcomes assessment. Stephen has been recognized for his clinical work by being named to "Best Doctors in America" annually since 1998. He has also been acknowledged by being named on *Madison Magazine's* "Best Doctors" list as well since that time.

With such abundant academic accomplishments, it would appear that Steve would have very little time for outside activities. He is, however, an avid golfer and very interested in many sporting events. When he and his lovely wife Deanna were blessed with their daughter Sarah, it became quite apparent to close friends that parenthood is something that is most important and dominant in their lives.

I have known Steve for over 10 years and can say that he carries far more wisdom than most people at his stage in life and we are honored to have him and Deanna as our president and first lady for the coming year. You can expect an outstanding meeting in Scottsdale for sure!

Registration materials for the
NCS 2009 Meeting will be
mailed and available online at
www.ncsuaa.org in
Spring 2009!

We look forward to seeing you in
Scottsdale, Arizona!



Post-Convention News
from the

82nd Annual Meeting
September 24 - 27, 2008
Hyatt Regency Chicago
Chicago, Illinois

Future Meetings

2009 November 9 - 14, 2009
Camelback Inn, A JW Marriott Hotel
Scottsdale, Arizona

2010 September 29 - October 2, 2010
Sheraton Chicago Hotel & Towers
Chicago, Illinois

Eulogy

By Howard N. Winfield, MD

In September and October of 2008, the North Central Section of the AUA has lost two giants in urology. These two men positively impacted the lives of so many people – their patients, their colleagues and their friends during their lifetimes. Their accomplishments will live on forever and have made the world a better place. Our thoughts and prayers are with their families.

John P. Donohue, MD

John P. Donohue, MD, distinguished professor emeritus at Indiana University died unexpectedly at the age of 77 at his vacation home in the upper peninsula of Michigan. His wife of 48 years, Rosie, and his family were at his side. John brought great distinction to Indiana University Medical School and the university.

The School of Medicine was incredibly fortunate to be able to recruit the young John Donohue in 1965. John's rise at this institution was rapid; he was promoted to the rank of professor only five years after joining the faculty. In 1971, he was named only the fourth Chairman of the Department. John held the position of chairman of the Department of Urology at Indiana University proudly for the next 27 years, a position in which he distinguished himself, the department and Indiana University.

John developed the current surgical approaches to testis cancer and helped to refine chemotherapeutic treatment of this disease. John Donohue partnered with Dr. Larry Einhorn to develop a cure for testis cancer and embedded forever the critical importance of multidisciplinary research and care.

Over the years, Dr. Donohue received multiple accolades from national and international societies. John was the recipient of multiple honors over his career. Some of those he cherished the most were the President's Medal from Indiana University, Honorary Fellowship in the Royal College of Surgeons in Ireland, the first Career Achievement Award and the Charles Higgins Medal from the Society of Urologic Oncology, the first Distinguished Career in Urology Award from SIU and the Ramon Guiteras award from the AUA. In the spring of 2008, John P. Donohue received the Keyes Medal from the American Society of Genitourinary Surgeons, the highest award possible in urology which is given infrequently and signifies lifetime contributions to the field.

Andrew C. Novick, MD

Dr. Andrew C. Novick, chairman of the Glickman Urological and Kidney Institute, passed away on October 18, 2008. His legacy at the Cleveland Clinic Foundation lives on through his unparalleled leadership building the urology program from seven to 74 full-time faculty, 40 residents and fellows, and seven basic research laboratories. He is known as the pioneer of nephron-sparing surgery for renal cancer, "bench" kidney surgery, and renovascular surgery in association with renal artery disease. He has played a leading role in the development of the renal transplantation program at the Cleveland Clinic.

Dr. Novick was the recipient of numerous awards from prestigious national and international urological and surgical societies and held many leadership positions, which included serving as past-president of the American Board of Urology, past-chairman of the National Urology Residency Review Committee, and past chairman of the American Board of Urology/American Urological Association Examination Committee. He is the only urologist ever to have held all three of these leadership positions within his specialty. In 1997 he received an Honorary Fellowship from the Canadian Urological Association and then, in 2003, he was named an Honorary Fellow of the Royal College of Surgeons of Ireland, joining notable recipients of this honor that included Louis Pasteur, Sir Joseph Lister, Mother Teresa of Calcutta, President Nelson Mandela, and George W. Crile, Sr., MD, one of the founders of Cleveland Clinic. Dr. Novick received the St. Paul's Medal by the British Association of Urological Surgeons in 2004, the Russell Scott Jr. Award from the AUA (2004), the Barringer Medal from the American Association of GU Surgeons (2007), and the SIU-Astellas Award from the Society Internationale D'Urologie (2007) and the Ferdinand C. Valentine Medal from the New York Section of the AUA (2008). The NCS is most pleased that we nominated Dr. Novick for the Ramon Guiteras Award, the American Urological Association's highest honor. He won the award in May of this year.

Secretary's Report

By Howard N. Winfield, MD

The 82nd NCS Annual Meeting was recently held in Chicago, September 24 – 27, 2008. As is typical of in-section meetings, it was highly academic with over 230 abstracts presented in podium, poster or video sessions. Attendance was very high, with over 510 members and guests. New this year was a hands-on GU Ultrasound course, which was extremely well attended and led by Dr. Pat Fulgham, who is a gifted teacher in this subject. In addition, Tim Ratliff, PhD, led a research forum where many of our leading researchers within the section had an opportunity to present their "hot topic research." Hopefully future research collaborations will ensue as a result. A number of panel debates related to prostate



*Howard N. Winfield, MD
Secretary*

and bladder cancer that were highly educational were led by leaders in our section. NCS treasurer Peter Knapp, MD led an important panel discussion entitled “Financial Survival in 2008,” something that has become increasingly complex with Medicare reimbursement concerns and worldwide financial turmoil. Finally, our immediate past president, Jay Hollander, MD, led a lively “Presidential Round Table Discussion” in which we were honored to have our current AUA president, Dr. John Barry and secretary, Dr. Robert Flanigan, as well as past AUA president, Dr. Larry Ross in attendance. Through pointed questions to the panelists, Dr. Hollander touched on critical areas that are affecting all AUA membership.

The feedback on our invited speakers was superlative. Dr. Curtis Nickel gave what I would consider as the best lecture I’ve ever heard on the subject of chronic prostatitis and pelvic pain syndromes. The audience was truly captivated by his talk. Dr. Elspeth McDougall gave an excellent lecture on the increasingly important role of surgical simulation in urologic training. This is something that is long over due in our specialty and should become mainstream in future years. In typical fashion, Dr. Gerald Jordan amazed us with his immense knowledge of male genital trauma and reconstructive urethral surgery. Finally, Brantley Thrasher, MD of the South Central Section gave an outstanding lecture on the multimodal approaches to high-risk prostate cancer. We were very fortunate to have such great guest speakers!

It has been a true pleasure for me this past year to work under the leadership of our immediate past president, Jay Hollander, MD and his lovely wife, Jill. I know how much work Jay put into his presidential address, “The Big Picture.” This was vintage Hollander “speakage,” in which he spoke not so much about urologic heroics, but more about the importance of having the 5 H’s in everything we undertake – “hard work, honesty, humor, humility and heart.” Congratulations Jay and Jill on a great year!

The honoree this year was Dr. Ananias Diokno, who has been a major force in academic urology, not only in our section, but also on an international level. His address was also along the same lines as that of Jay Hollander, “Remember where you came from, where your roots are, stay humble, respectful and remember the importance of your family. This will help you in your future dreams and career aspirations.”

The social events under the guidance of the Hollanders and our Local Arrangements chair-couple, Drs. Gary and Kathleen Faerber were not only elegant, but also highly entertaining. A wonderful evening under the stars and planets was held at the Adler Planetarium & Astronomy Museum. The Friday night President’s Annual Banquet was a gala affair with plenty of great food, spirits and dancing.

As secretary of the section I can only say that WJ Weiser and Associates were absolutely incredible with their attention to detail allowing the meeting to flow forward without a single hitch. My greatest personal thanks to them! Finally I want to thank all the registrants and participants who seemed to be most appreciative for all the work that the Educational Committee put into the meeting.

While in Chicago, the Board of Directors approved the nomination of Dr. Gary Kirsh as NCS treasurer-elect. Gary will work closely with Peter Knapp, MD, over the coming year and take over the reins in November 2009. Our section representatives to the AUA Leadership Program are Drs. Richard Santucci and Chandru Sundarum. Both started the program in July 2008 and are gaining valuable experience that certainly will be important for our section in future years. The section is now fully vested in the new AUA Foundation Research Scholarship program. Applications for this scholarship can be found at

www.aufoundation.org/auafhome.asp. The board would like to sincerely thank Drs. Sheila Gemar and John Wegenke, who have finished their terms as Board State Representatives. I would also like to give a special thanks to Dr. Dennis Corcoran, who is stepping down from his position as section representative to the AUA Health Policy Committee. Dennis has been extremely diligent and effective as our representative and we wish him well in his future endeavors. The board has suggested that J. Quentin Clemens joins Dr. Herb Riemenschneider as the NCS representatives. Finally, Dr. James Ulchaker takes over as chair of the Future Leaders Committee (also known as the Young Urologist Committee). The Section sincerely thanks Dr. Chris Gonzalez for all his hard work and dedication to this position over the past 3 years.

The Camelback Inn, A JW Marriott Hotel in Scottsdale, Arizona will be the site of the 83rd NCS Annual Meeting held on November 9 – 14, 2009. Our new president, Dr. Stephen Nakada, and his lovely wife Deanna will be hosting what is anticipated to be another outstanding academic and social meeting, with highly acclaimed invited speakers. Steve’s mentor, Dr. David Uehling will be the meeting honoree. The Program Committee again looks forward to a record number of abstract submissions from members and residents so as to continue the strong academic tradition of the NCS.

One year into the position I can honestly say that it has been a great honor and pleasure for me to serve the membership as your Secretary and to interact with such wonderful people on the Board of Directors and within the section.

Lori and I wish you all the best for the holiday season and the New Year!

From the Treasurer

By Peter M. Knapp, Jr., MD

The 82nd NCS Annual Meeting was held on September 24 – 27, 2008,



*Peter M. Knapp, Jr., MD
Treasurer*

in Chicago, Illinois. President, Jay Hollander, MD, secretary, Howard Winfield, MD, and Local Arrangements chairperson, Gary Faerber, MD, organized an outstanding academic meeting with many state-of-the-art presentations, panel discussions, and resident paper presentations. In addition, the meeting included the first NCS course and certification on urologic ultrasound and expanded its presentation coverage of current socio-economic issues for urologists. By all measures

the meeting was a success for participants, as the NCS Board continues to explore new avenues to provide additional value to NCS members and meeting attendees.

The Treasurer’s Report was given to the Finance Committee, Board of Directors, and membership at the Annual Business Meeting. Year end 2007 financial reports and mid-year, (06/30/08), financial reports were presented. Year 2007 Annual Meeting financials reported a modest surplus, which more than offset the negative operating account balance. The Educational Fund interest and dividend income offset the slight negative asset appreciation seen in the Educational Fund in 2007. At year-end, the NCS was modestly cash flow positive.

Although the 2008 NCS Annual Meeting financials are incomplete, meeting expenses were running on budget and revenue was slightly above budget as on-site registration was high. A positive meeting surplus is expected. The Educational Fund performance has been challenged by the market downturn in 2008. The fund performance was down (8.15%) through June 30, 2008. Merrill Lynch account advisors recommended no change in our asset allocation. Long-established NCS board guidelines of 40%-60% equities, 20%-40% fixed income, and 0%-20% cash are being maintained. The Education Fund slight overweight in cash has been beneficial in the down market. Although we saw a slight improvement through the end of August 2008 (6.3%), September's market volatility will most likely apply downward pressure on the fund performance. In comparison, the NCS Educational Fund performance is similar to the performance of the AUA Educational Fund through the end of August 2008 as reported at the AUA investment committee meeting earlier last month.

The NCS Board approved funding of the American Urologic Association Foundation (AUAF) Research Scholar Fund. The fund has been furnished with \$125,000 from the NCS and \$625,000 from the AUA. The earnings of the new \$750,000 NCS/AUAF Research Scholar Fund will be used to fund a NCS Research Scholar each year. Earning shortfalls will be supplemented by the NCS Educational Fund at the NCS Board discretion.

Dr. Gary Kirsh of Cincinnati, Ohio was elected treasurer-elect at the Annual Business Meeting on September 26, 2008. Dr. Kirsh's past experience in the Ohio Urological Society and as previous president of the AACU make him an excellent candidate to assume the responsibilities of treasurer of the NCS in 2009.

As I begin my last year of treasurer of the NCS, I will work with Dr. Kirsh to ensure a seamless transition at the end of my term next year. It continues to be an honor to serve the NCS membership as a treasurer, and I look forward to a good 2008-2009 calendar year.

Report from the Immediate Past President

By Jay B. Hollander, MD



*Jay B. Hollander, MD
Immediate Past President*

It was an honor to serve as president of the 82nd North Central Section Meeting this year in Chicago. Jill and I truly had a wonderful week. The weather was spectacular. Howard Winfield, our secretary, crafted a wonderful academic program that ran on time, very smoothly and was appreciated by all. Our guest lecturers, Curtis Nickel, Elspeth McDougall, Gerald Jordan, and Brantley Thrasher were very well received. Our special President's Round Table with current AUA president John Barry, past AUA president Larry Ross and current AUA secretary

Bob Flanigan, discussed issues of national significance at a time where delivery of healthcare in our nation is at a cross road with respect to inevitable changes. Dr. Ananias Diokno, my mentor, was both an honoree and an honored guest lecturer.

The social events were also quite special. An evening at the Adler Planetarium included a star show for all attendees and an elegant dinner on a beautiful evening where the skyline of Chicago was spectacular. WJ Weiser and Associates again delivered a great meeting through planning and organization that has benefited our society greatly and allowed our meetings to become such a success.

The business of our society has also improved. Dr. Gary Kirsh was selected as treasurer-elect after one of the most open, transparent and fair selection processes in our society's history and credit goes to Dennis Pessis, chair of the Nominating Committee. As past president, I will chair next year's Nominating Committee and I hope to reproduce a similar process when the secretary-elect position will be chosen.

I can't say enough of how well our organization has been running academically, financially, politically and socially. This year's meeting was special not only because of the dedication and desire to serve the organization by certain individuals, but perhaps more importantly because of their friendship. I'd like to again thank Howard and his wife Lori as well as Gary Faerber and his wife Kathy Cooney, our local arrangements chairpersons. Peter Knapp, our treasurer and his wife Barb have been close friends of ours for decades. Finally, I look forward to the presidency of Stephen Nakada who as past secretary improved our organization. That improvement will serve us well as we deal with potentially difficult times in the practice of medicine as the country struggles to improve the delivery of medical care.

Special Thanks to our 2008 Corporate Supporters

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Thank you to the following companies who have provided Educational Grant Support...

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Thank you to our 2008 Ultrasound Course In Kind Contributors

Biosound Esaote
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Thank you to our 2008 Exhibiting Companies...

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2008 NCS Awards - Chicago, Illinois

Traveling Fellowship Award

Tullika Garg, MD (West Milwaukee, WI)
Effect of Atorvastatin on Proliferation of Bladder Cancer Cells Treated with Bacillus Calmette-Guerin (BCG)

Thirlby Award

Eduardo Kleer, MD
Testosterone And PSA Suppression With LHRH-Analogues In Patients With Prostate Cancer: Establishing Optimal Dosing At Lower Cost

Bizarre & Interesting Case Award

Christina Ching, MD
An Unusual Case of Recurrent Urinary Tract Infections in an Adolescent

John D. Silbar Award

David C. Arend, MD (Sioux Falls, SD)

Best Video

William Stuart Reynolds, MD

Poster Winners

Khanh Pham, MD (Medical College of Wisconsin)
Unilateral Versus Bilateral Stage I Neuromodulator Lead Placement for the Treatment of Refractory Voiding Dysfunction

Helen Kuo, MD (University School of Medicine)
Face and Content Validation of a Novel Robotic Virtual Reality Simulator

Christopher Weight, MD (Cleveland Clinic)
Radical Nephrectomy (RN) for T1B Tumors is Associated with Decreased Overall Compared to Partial Nephrectomy (PN)

Joshua Meeks, MD, PhD (Northwestern University)
Abdominal Skin Graft for Long-Segment Urethral Stricture Reconstruction

Mark Stovsky, MD
(Case Western Reserve University School of Medicine)
Prostate Specific Antigen/Solvent Interaction Analysis (PSA/SIA) for Improved Diagnosis of Prostate Cancer

Podium Winners

Sugeet Acharya, MD (University of Chicago)
Urology Resident Geriatric Education (URGE): A Model for Resident Training in Geriatric Urology

Benjamin Girdler, MD (Beaumont)
Nine-Month Evaluation of the Beaumont Experience with the Xiao "Skin-CNS-Bladder" Reflex in Spina Bifida
Anil Thomas, MD (Cleveland Clinic Foundation)
Surgical Resection of Renal cell Carcinoma After Targeted Molecular Therapy

Kristina L. Penniston, PhD
(University School of Medicine and Public Health)
Effect of Dietary Changes on Urinary Oxalate Excretion in Hyperoxaluric Calcium Oxalate Stone Formers

Steve Waxman, MD (University of Iowa)
Penetrating Trauma to the External Genitalia in Operation Iraqi Freedom

Exhibitor Drawing

3rd Tom Sidesinger, Vision Sciences
2nd Chuck Novotny, Karl Storz Lithortipsy
1st Ty Howard, Bard

Physician Drawing

Christopher Stiff, MD
Thomas Turk, MD
April Turner

Quiz Bowl Winners

1st Place Team:
Vairavan Subramanian, MD (CCF)
Frank Burks, MD (Beaumont)
Alex Gorbonos, MD (Loyola)

2nd Place Team:
Emilie Johnson, MD (Michigan)
Branden Duffy, MD (Minnesota)
Ken Nepple, MD (Iowa)

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Mark your calendars now!

NCS 83rd Annual Meeting

November 9 – 14, 2009

Camelback Inn, A JW Marriott Hotel

Scottsdale, Arizona

**Registration materials for the NCS 2009 Annual Meeting will be
mailed and available online at www.ncsaua.org in Spring 2009.**

We look forward to seeing you in Scottsdale, Arizona!

Necrology Report 2008

In Loving Memory of:

Harold W. Bruskewitz, MD
Wayne, IL

John P. Donohue, MD
Melborne Beach, FL

Francis Emmett Giles, MD
Fort Dodge, IA

David Craft Henning, MD
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